

**Does Gender has any influence on being
emotionally intelligent? : Evidence from
Higher Secondary School Going Adolescents**

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Abstract

Adolescence is a critical period of life in which abilities to express and understand emotions, to assign meaning to emotional experience, and to regulate feelings may be particularly helpful for psychological and social adjustment. The aforementioned abilities are thought to form the basis of the emotional intelligence (EI) and bulk of literature have suggested it's importance in many aspects of people's lives, and reported these abilities to differ in people with different gender. With this background, the present study examined emotional intelligence amongst male and female adolescents. The study was conducted on eighty higher secondary school going adolescent boys and girls (n= 40 participants in each group). The results of one way analysis of variance revealed no significant difference amongst the groups. The findings implies that gender does not have any significant influence on emotional intelligence. Both girls and boys are equally well in expressing and experiencing emotions and managing relationships.

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